

# The Porter Group

PHONE: 416-238-0026 • FAX: 647-277-1229

# LYDIA MONET

Representation: Stephanie Porter

Hair: **Brown**

Eyes: **Brown**

Height: **5'5"**

Weight: **115 lbs**

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## FILM AND TELEVISION

The Rapture	Principal	Dead Plumber Pictures
Online Now	Actor	Pocket Jakes / Jake Ross
The Gilberts	Lead	Centennial College
Performance Review	Principal	Tryeverse Productions/York Univ.
Cellar Door	Principal	Simone Productions/York Univ.
Time's Up Chuck	Principal	Gab Films Production
Delirium	Lead	C- For Effort Productions
False Awakening	Principal	Green Eye Videos
Still Born	Lead	C- For Effort Productions
Post-It	Lead	Vancouver Film School
Howard And Betty	Actor	Starlit Entertainment
Blood On Blood	Principal	M. McNolty,Independent
The Calling	Lead	V.K. Productions
A Year Later	Lead	Langara College
Battery Park	Actor	UBC Student Film
Deja Vu	Actor	T. Russ,Independent
Where The Truth Lies	Featured	SLU Production Inc.
Zero Hour	Featured	Zero Hour Production
Sophisticated	Principal	Fallen Angel Media
P.S.A. For Politician Dennis Fox	Principal	Scott Ainsworth

## SELECTED THEATRE

Sinners	Monica	Mohawk Theatre / Buddy Brennan
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## COMMERCIAL

List Available Upon Request

## TRAINING

Improvisation – Level A	Second City
On-Camera Audition Technique	Lewis Baumander
On-Camera Scene Class	Bruce Clayton/Pro Actor's Lab
Acting Workshop	Larry Moss
Act Now! Acting Workshop	Tom Todoroff
Vocal Training	Olivia Olsen

## SPECIAL SKILLS & INTERESTS

Basketball, Volleyball, Skiing, Snowboarding, Swimming, Horseback Riding, Billiards, Drivers License (manual & automatic), Yoga, Pilates, Bowling, Kayaking, Hiking, Mountain Biking, Running, Bikram Hot Yoga